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Adjustment Problems during Senescence

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ABSTRACT The present study examines the adjustment problems of working and non-working aged males after retirement. A group of 100 respondents were selected from Kurushetra (Haryana) and its surrounding area ranging in age from 60-65 years. Sample was further divided into two categories and each category consisted of 50 respondents of working and non-working aged males. Old Age Adjustment Inventory (Hussain and Kaur 1995) was employed to assess the adjustment problems. Analysis revealed significant differences between working and non-working aged males for health, home, social, emotional and financial adjustment problems but non-significant for marital adjustment problems.